The Evolving Role of the Diabetes Specialist Nurse Beyond Therapeutic Patient Education: European Perspective

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President FEND
Vice President IDF
Mission Statement & Aims

- To promote the delivery of evidence based care for people with diabetes throughout Europe.
- Develop and promote the professional role of the diabetes nurse in Europe
- Influence European health care policy relevant to diabetes care and research
- Promote acceptable standards and equity of care for people with diabetes throughout Europe
- Co-operate and collaborate with national and international health care organisations
Diabetes - A Major Public Health Problem

over 380 million within a generation

1 person dies every 10 seconds

over 246 million people with diabetes
Influencing Factors -1

- Increasing prevalence of diabetes
- Specific health needs of the diabetic population
- Societal influences, consumer autonomy and empowerment
- Differing and increasing expectations of healthcare
- Cultural, ethnic and economic factors
- Technological and therapeutic advances
Influencing Factors -2

- Psychosocial aspects of nursing care & clinical practice
- Effective and appropriate use of nurse manpower
- Evolving national priorities in healthcare
- Non governmental - national
- Patient organisations, diabetes nursing organisations
- Non governmental - international
- IDF, WHO, EASD, PCDE, FEND, patient organisations
Influencing Factors (3)

- St Vincent Declaration & subsequent declarations
- Professional Organisations / Associations
- Ministries of Health
- EU 6th Framework for Research (ERA)
- EURADIA
- Political lobbying
- Media
- Scientific press
- UN Resolution for diabetes
The Diabetes Specialist Nurse in 21st Century

Counsellor  Educator  Clinician
Advocate  Researcher  Manager
Innovator  Influencer
Nurses advance diabetes by...
Solutions & the nursing contribution

- Primary prevention- individual lifestyle and public health
- Self-care support and education- equipping people with diabetes to develop self determination (mastery)
- Care systems- organising & delivering diabetes care more efficiently
- Therapies - better, safer, cheaper, more effective therapies
Primary prevention – areas of nursing contribution

- Screening at risk populations
- Delivering lifestyle and nutritional support
- Behaviour change interventions
- Public health interventions
- Implementing IMAGE
“Human history becomes more and more a race between education and catastrophe”

H. G. WELLS
Founder of the Diabetes UK (BDA)
Education and self-care support areas of nursing contribution

- Educator- (guide, facilitator)
- Therapy modulator
- Behaviour change interventions
- Support psychological adjustment
- Development of self-care resources
- Quality assurance and outcome appraisal
European Diabetes Nursing Research

- 2010 FEND Professor of Diabetes Nursing
- Prof Angus Forbes
- Florence Nightingale School of Nursing and Midwifery
- King’s College London
A FEND European network sharing expertise and collaboration in knowledge development
Geo-Political Journey

The Destiny of Man
Expresses Itself in
Political Terms

Thomas Mann
Diabetes requires the development of a comprehensive, integrated programme of prevention, care and rehabilitation. It constitutes a significant public health problem with high mortality and serious levels of illness and disability. There exist identifiable interventions and sound evidence based strategies which could have a potential to significantly improve the health of individuals and populations health across Europe.

Progress made in cardiovascular and cancer strategies demonstrate the merit of addressing conditions like diabetes in a co-ordinated, strategic and comprehensive way across Europe, given that it can have wide-ranging complications. Indeed, a European strategy for diabetes, a major risk factor of other related diseases such as cardiovascular disease, could make an important contribution to the reduction of public health expenditures in all 25 EU member states.
2005 Diabetes Audit & Policy Paper

Diabetes
The Policy Puzzle: Towards Benchmarking in the EU 25

Diabetes
EU POLICY RECOMMENDATIONS

ATTENTION
URGENT

AM Felton  October 2010  KDA 36  Autumn Congress Busan Korea
2006 EU Diabetes Conference

AM Felton  October 2010  KDA 36th Autumn Congress Busan Korea
Calls for:

- November 14th, the current IDF World Diabetes Day, to become a United Nations Day to be observed every year starting in 2007.
- All nations to develop national policies for the prevention, treatment and care of diabetes in line with sustainable development of their healthcare systems.
Decides to convene a high-level meeting of the General Assembly in September 2011, with the participation of Heads of State and Government, on the prevention and control of non-communicable diseases.

Requests the Secretary-General to submit a report to the General Assembly at its sixty-fifth session, in collaboration with Member States, the World Health Organization and the relevant funds, programmes and specialized agencies of the United Nations system, on the global status of non-communicable diseases, with a particular focus on the developmental challenges faced by developing countries.
Collaborating Partners Research Projects EU Funded
“A doctor is called but a nurse is sent for”

Anton Chekhov