

**Early and powerful DM control
with combination therapy based
on a multi-center trial in Korea**

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**Needs for
Early & Intensive DM control**



Intensive Glycemic Control

ACCORD

UKPDS

ADVANCE

Steno-2

VADT

DCCT/EDIC

UKPDS 80 - Legacy Effect

- Method: Intensive treatment (SU, insulin, Metformin) vs. conventional treatment (diet)

Aggregate Endpoint		UKPDS 33	UKPDS 80
		1997	2007
Any diabetes related endpoint	RRR	12%	9%
	P	0.029	0.040
Microvascular disease	RRR	25%	24%
	P	0.0099	0.001
Myocardial infarction	RRR	16%	15%
	P	0.052	0.014
All-cause mortality	RRR	6%	13%
	P	0.44	0.007

* RRR = Relative Risk Reduction, P = Log Rank

Meta analysis

- Intensive Therapy & CV disease Reduction

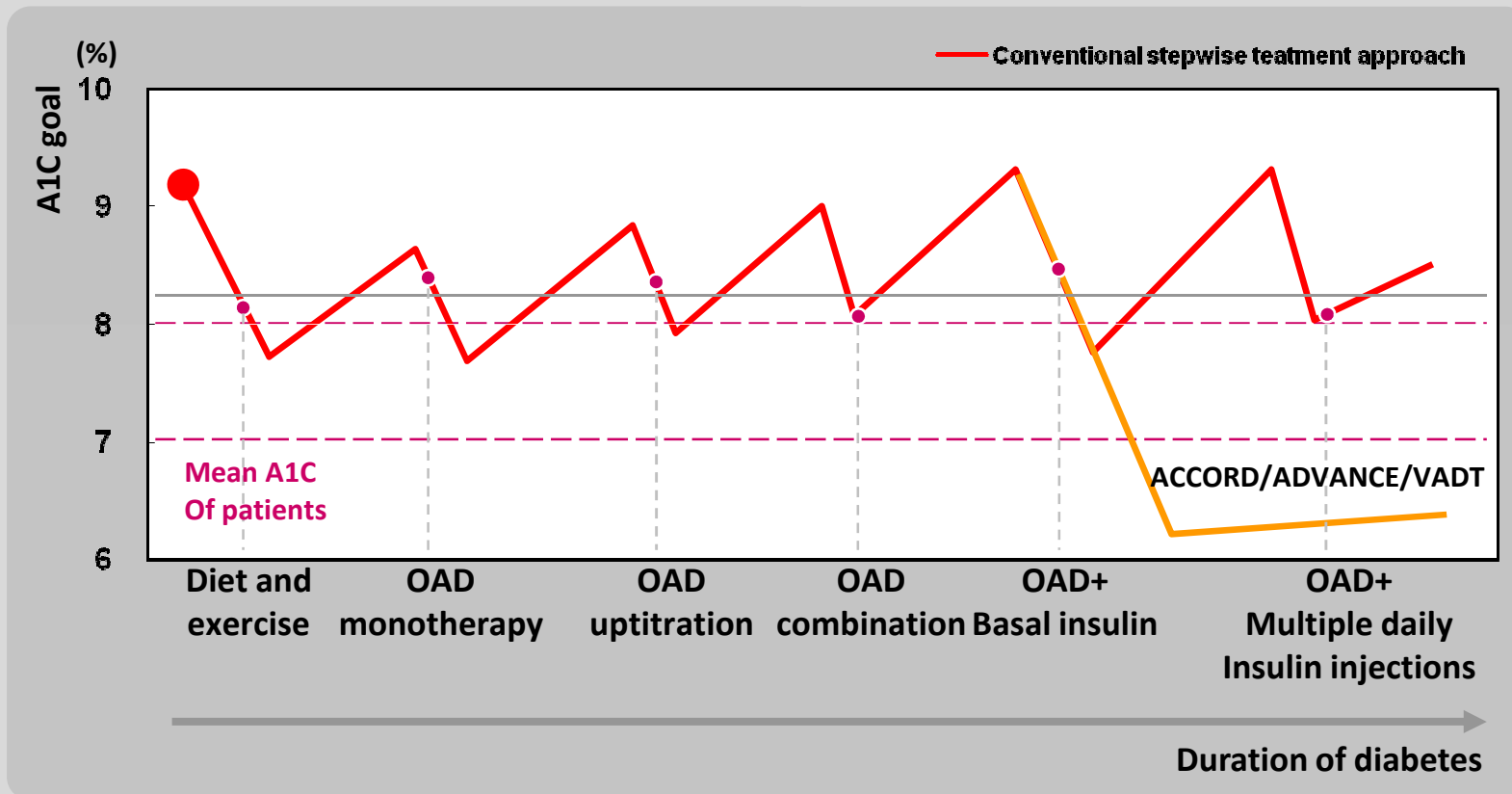
UKPDS ,PROactive, ADVANCE
VADT, ACCORD

33,040 patients, follow-up 4.95 years
Duration of T2DM 8 years
Mean HbA1c 7.8% at baseline
6.6%(INT) VS. 7.5%(STD) after follow-up

→ Intensive glucose control
: 17% reduction in non-fatal myocardial infarction
: 15% reduction in coronary heart disease
: 7% reduction in stroke (NS)
: no increase in all-cause mortality

* INT: intensive therapy, STD: standard therapy

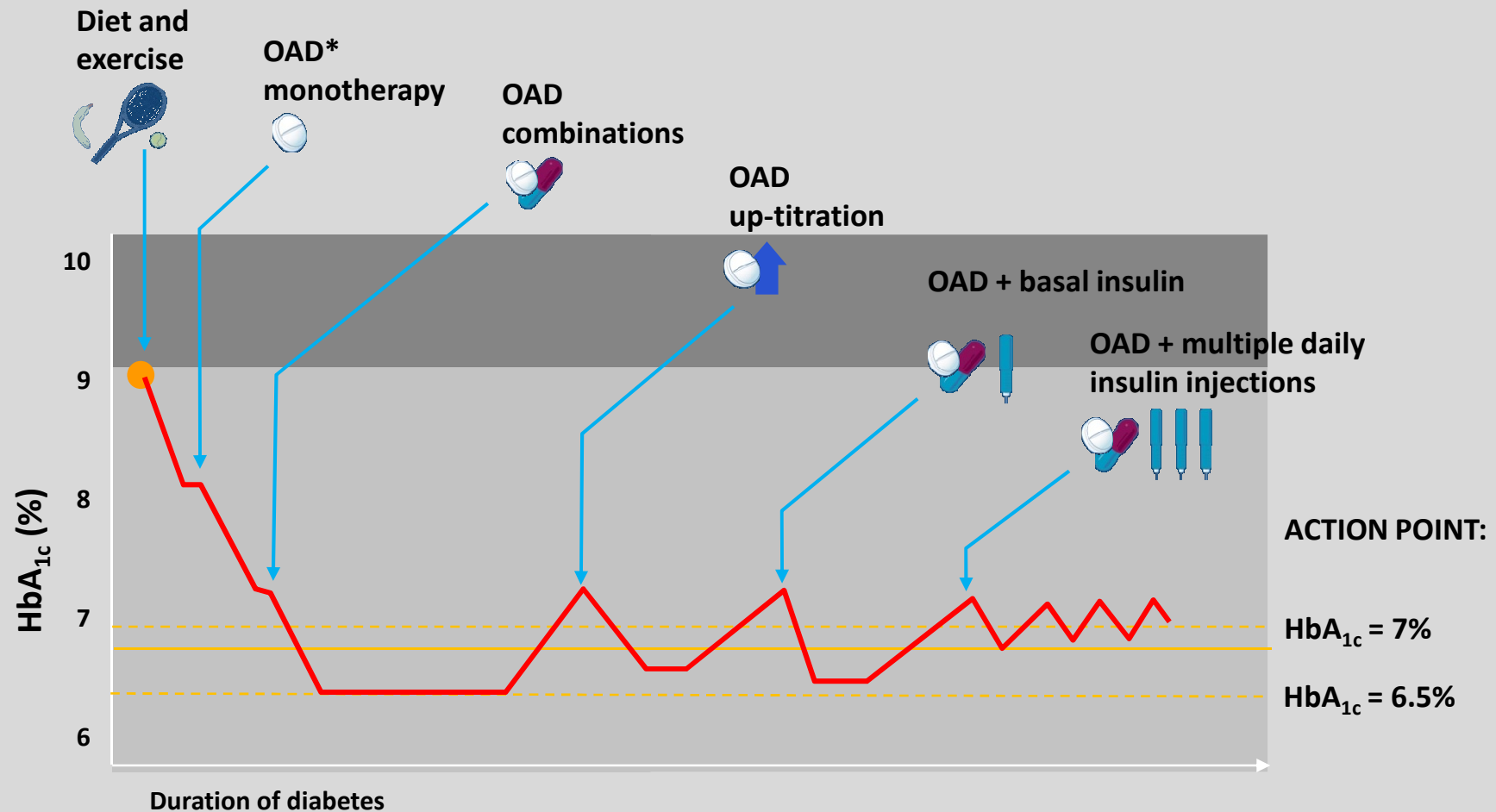
Traditional stepwise diabetes control



OAD=oral antihyperglycemic agent.

Adapted from Campbell IW. Br J Cardiol. 2007;7:625-631; Del Prato S et al. Int J Clin Pract 2005;1345-1355

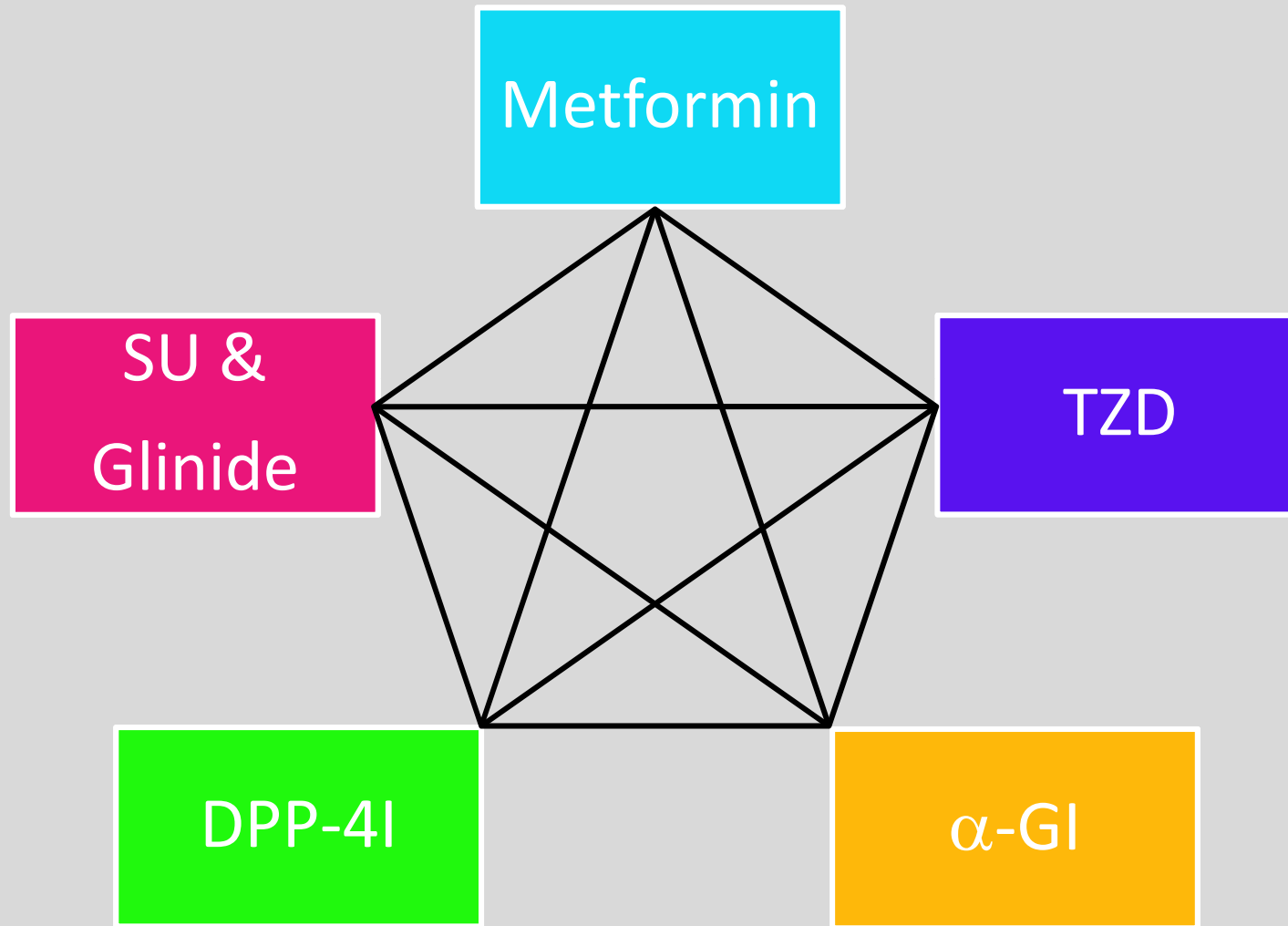
Early Combination Approach



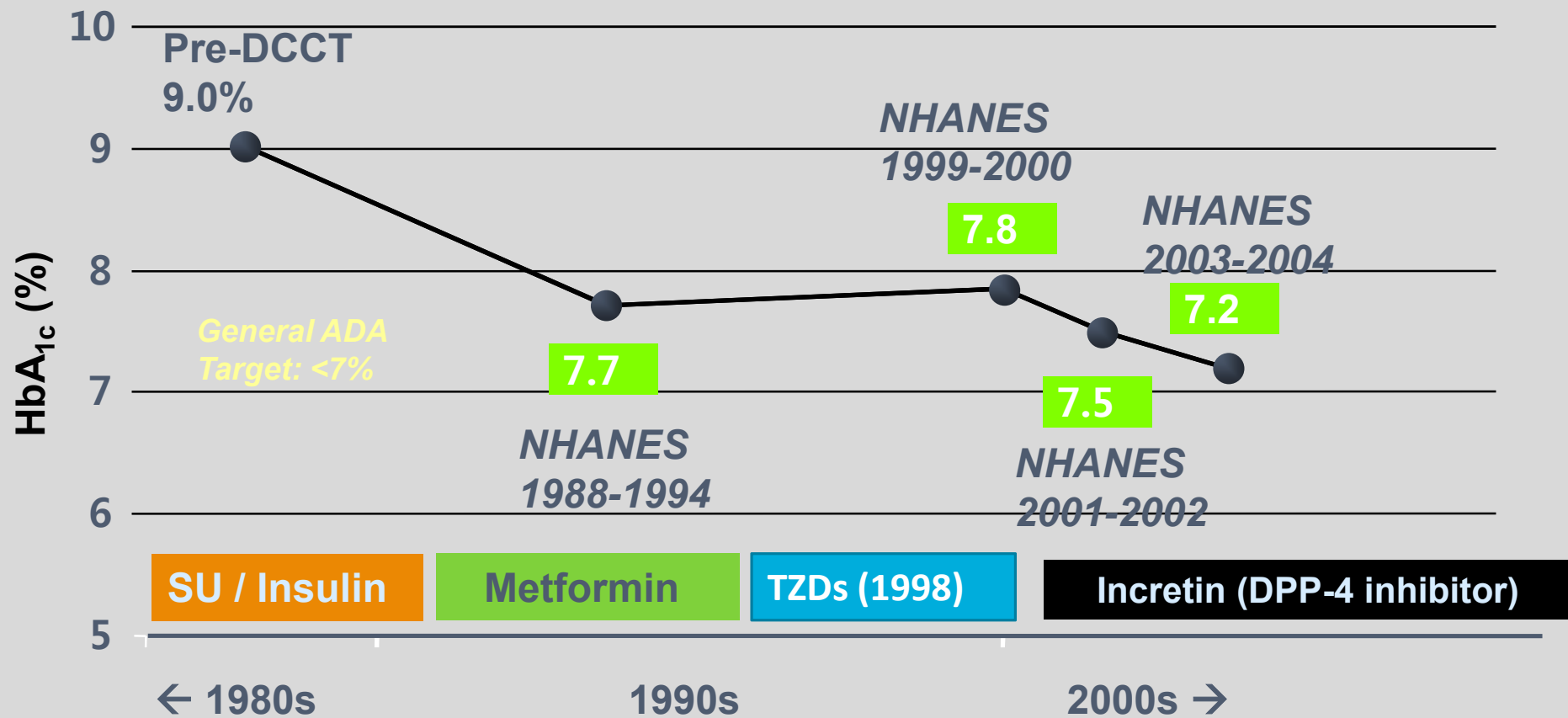
*OAD = oral antidiabetic

Adapted from Del Prato S et al Int J Clin Pract 2005;59:1345-1355

Possible OAD Dual Combinations



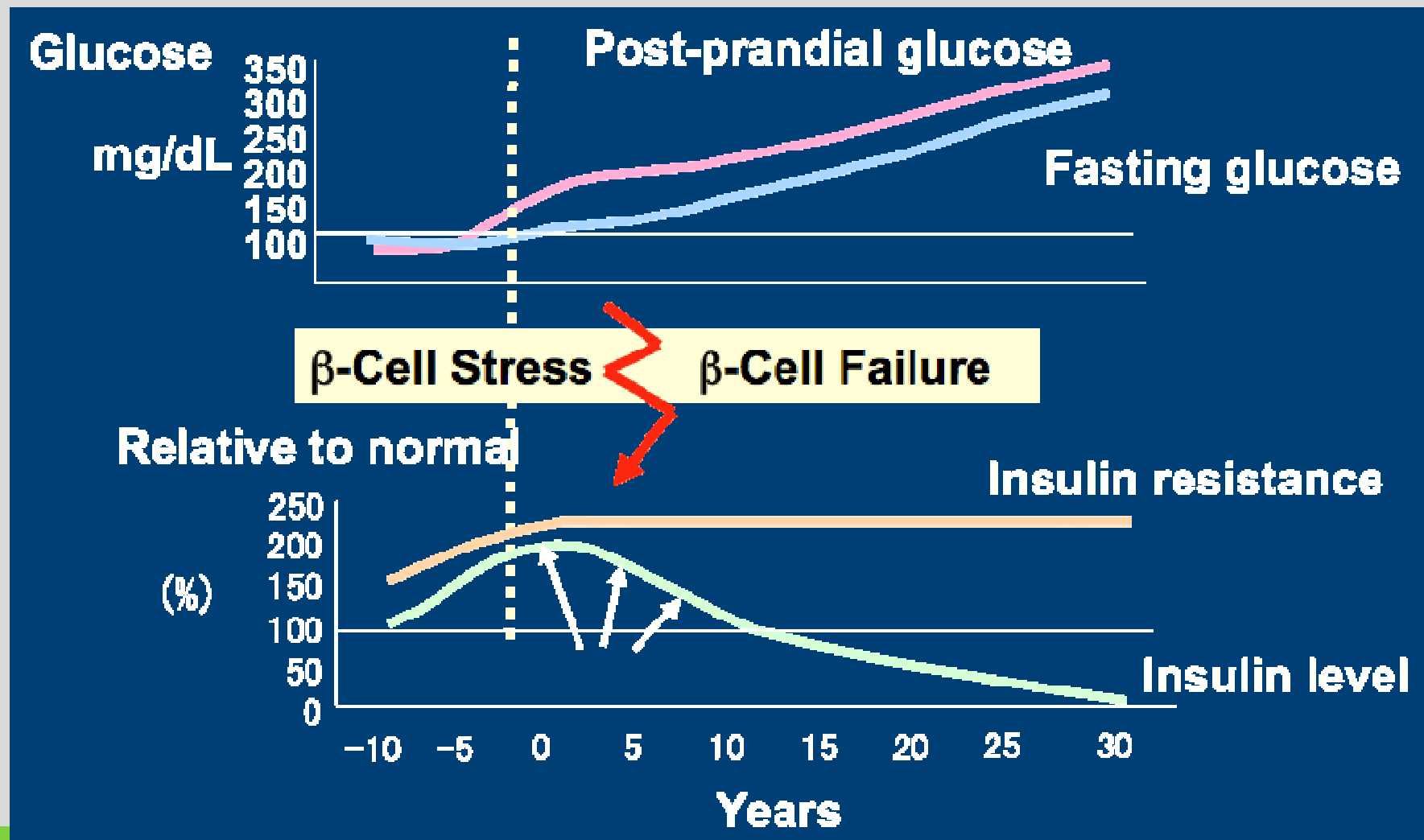
New Era of DM Treatment



SU=sulfonylurea; TZDs=thiazolidinediones; T2DM=type 2 diabetes.

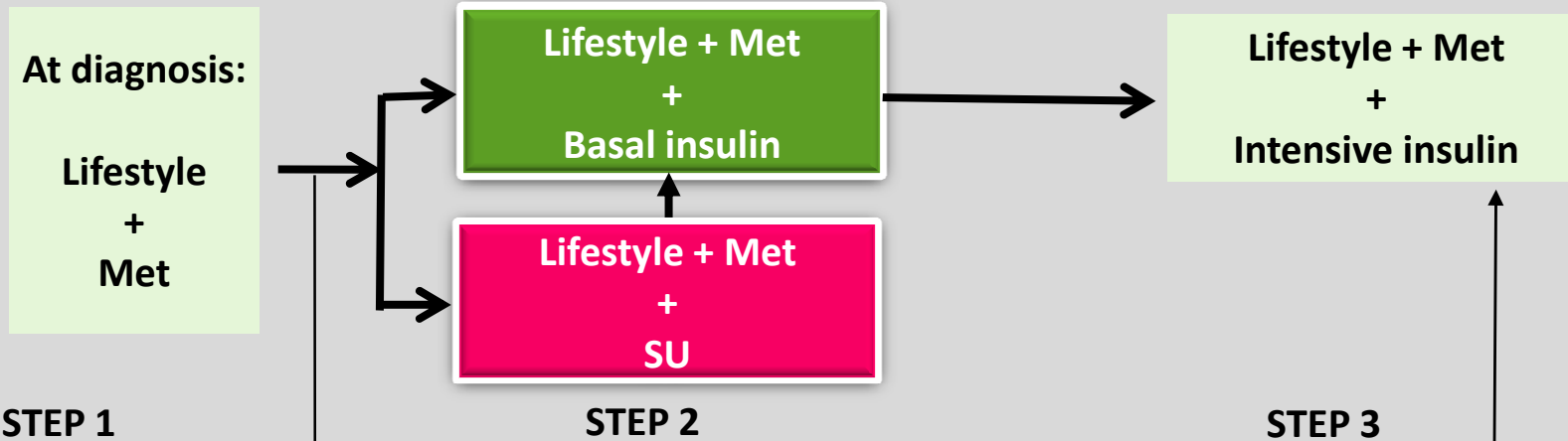
Koro CE, et al. *Diabetes Care*. 2004;27:17-20; Hoerger TJ, et al. *Diabetes Care*. 2008;31:81-86.

Insulin Resistance and β -cell Failure : Core Defects in Type 2 Diabetes

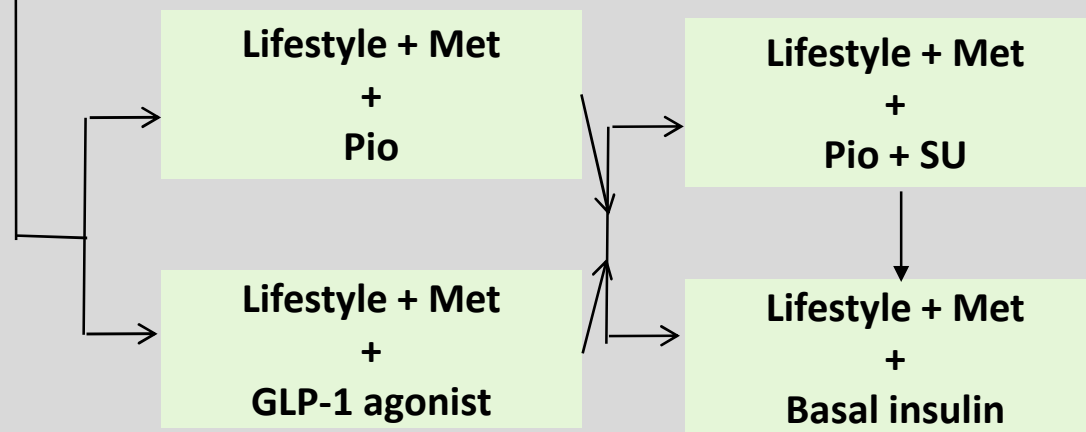


ADA/EASD Consensus Algorithm

Tier 1: Well-validated core therapies



Tier 2: Less well-validated therapies



AACE / ACE DIABETES ALGORITHM *For Glycemic Control*

LIFESTYLE MODIFICATION

A1C 6.5 - 7.5%**

Monotherapy

MET	TZD ²	DPP4 ¹	AGI
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2 - 3 Month***

Dual Therapy

MET	+	GLP-1 or DPP4 ¹
		TZD ²
		Glinide or SU ⁵
TZD	+	GLP-1 or DPP4 ¹
		Colesvelam
MET	+	AGI ³

2 - 3 Month***

Triple Therapy

MET + GLP-1 or DPP4 ¹	+	TZD ²
		Glinide or SU ^{4,7}

2 - 3 Month***

INSULIN ± Other Agent(s) ⁸

A1C 7.6 - 9.0%

Dual Therapy⁸

MET	+	GLP-1 or DPP4 ^{1,10} or TZD ²
		SU or Glinide ^{4,5}

2 - 3 Month***

Triple Therapy

MET	+	GLP-1 or DPP4 ¹	+ TZD ²	INSULIN ± Other Agent(s) ⁸
		GLP-1 Or DPP4 ¹	+ SU ⁷	
		TZD ²		

2 - 3 Month***

INSULIN ± Other Agents) ⁸

A1C > 9.0%

Drug Naive

Under Treatment

Symptoms

No Symptoms

MET	+	GLP-1 or DPP4 ¹	± SU ⁷	INSULIN ± Other Agent(s) ⁸
		TZD ²		
		GLP-1 or DPP4 ¹	± TZD ²	
		TZD ²		

- 1 DPP4 if ↑ PPG and ↑ FPG or GLP-1 if ↑↑ PPG
- 2 TZD if metabolic syndrome and/or nonalcoholic fatty liver disease (NAFLD)
- 3 AGI if ↑ PPG
- 4 Glinide if ↑ PPG or SU if ↑ FPG
- 5 Low-dose secretagogue recommended
- 6 a) Discontinue insulin secretagogue with multidose insulin
b) Can use pramlintide with prandial insulin
- 7 Decrease secretagogue by 50% when added to GLP-1 or DPP4
- 8 If A1C < 8.5% combination Rx with agents that cause hypoglycemia should be used with caution
- 9 If A1C > 8.5% in patients on Dual Therapy, Insulin should be considered
- 10 GLP-1 not approved for initial combination Rx

* May not be appropriate for all patients

** For patients with diabetes and A1C < 6.5% pharmacologic Rx may be considered

*** If A1C goal not achieved safely

2010 ADA Debate

Will DPP-4 inhibitor replace Sulfonylurea?

NO

David R. Matthews, FRCP (Oxford Center for Diabetes, Endocrinology, and Metabolism, Oxford, UK) believes DPP-4 inhibitors will *not* replace sulfonylureas. While he readily admitted that DPP-4 inhibitors are useful agents with many advantages over sulfonylureas, he firmly believes sulfonylureas are a proven and safe therapy for type 2 diabetes. While the UGDP trial initially raised questions regarding the safety of SFUs, the UKPDS trial was specifically designed to better understand the long-term safety of these agents. Dr. Matthews referenced the strong evidence base of the use of sulfonylureas, which include long-term primary, secondary, and epidemiological studies. While he mentioned the lack of outcomes trials, Merck and BMS/AZ are both conducting such trials, as required by the FDA's guidance for diabetes drugs. He concluded by stating that DPP-4 inhibitors are unlikely to have a "cost or safety profile so superior that sulfonylureas will be relegated to history."

**메트포르민으로 조절이 되지 않는 제2형 당뇨병 환자에서
아마릴[®]-M정의 조기 복합 요법과 메트포르민의 단일 증량 요법의
유효성 및 안전성을 비교 평가하기 위한
공개, 비교, 무작위배정, 병행군, 다기관 임상시험**

**A multicenter, randomized, parallel-group, open study to compare
the efficacy and safety of early combination therapy with Amaryl[®]-M
to Metformin HCl up-titration in Type 2 DM patients
inadequately controlled on Metformin HCl**

STUDY OVERVIEW

- I. Study Objective
- II. Inclusion/Exclusion Criteria
- III. Study Design
- IV. Titration Algorithm

Study Objective

메트포르민으로 조절이 되지 않는 제 2형 당뇨병 환자를 대상으로 **아마릴[®]-M** 정의 초기 복합 요법이 **메트포르민의 단일 증량 요법**에 비해 **A1c의 변화가 우월함**을 보여주기 위함이다.

Efficacy Variables

- **Primary Endpoint**

- T0부터 M10/중도탈락 시까지 A1c 변화

- **Secondary Endpoints**

- T0부터 M10/중도탈락 시까지 FPG, PPG2hr의 변화
- M10/중도탈락 시 A1c 및 FPG에 대한 반응율

Safety Variables

- 저혈당의 발생빈도
 - 증상 있는 저혈당 (symptomatic hypoglycemia)
 - 중증 저혈당 (severe hypoglycemia)
- 이상반응
- 임상실험실검사 결과
 - Hematology (RBC, WBC, Hb, Hct, Platelet)
 - Biochemistry (BUN, Cr, Na, K, ALT/AST, Total-Cholesterol, LDL, HDL, Triglyceride)
 - Urinalysis (Protein, Glucose, Microscopic(WBC&RBC))
 - Urine Pregnancy Test
- 활력징후 및 신체검사

Inclusion Criteria

- 30세 ~ 75세의 남녀
- 제 2형 당뇨병으로 진단 받은 기간이 적어도 3개월 이상
- 최소 4주간 $500 \leq$ 메트포르민 $\leq 1000\text{mg}$ 단일 요법으로 치료 받은 환자
- $7\% \leq A1c \leq 10\%$
- $21\text{kg/m}^2 \leq \text{BMI} \leq 40\text{kg/m}^2$
- 임상시험절차 수행 전에 동의서에 서명
- SMBG 측정 후 결과를 피험자 일지에 기록할 능력과 의지가 있는 환자

Exclusion Criteria

- 스크리닝 전 3개월 이내에 Diabetic ketoacidosis, Hyperosmolar nonketotic coma 등과 같은 급성 대사성 합병증
- 스크리닝 전 4주 이내에 메트포르민 이외의 당뇨병 치료제의 복용, TZD의 경우 8주
- 시험 중 임상시험계획서 상의 병용금지약물의 투여가 예상되는 경우
- 임상적으로 의미 있는 신질환 또는 간질환
 - 신질환: Serum Creatinine > 1.5mg/dl(남), > 1.4mg/dl(여)
 - 간질환: ALT/AST > 2 x UNL
- 급성 신기능 변화를 야기할 수 있는 방사선 요오드 조영 물질의 정맥내 투여를 받고 있거나 임상시험 기간 중에 받을 것으로 예상되는 피험자
- 임상적으로 의미 있는 비정상적인 임상실험실 검사 결과 또는 시험의 완료나 결과에 영향을 미칠 수 있는 모든 의학적인 상태
- 임신부 또는 수유부
- 약물 또는 알코올 남용 병력
- 추적 관찰 방문에 비협조적인 경험이 있는 환자
- 글리메피리드, 메트포르민에 대한 과민 반응이 알려진 환자
- 수면 패턴이 일정하지 않은 환자(예: 야간 업무 종사자)
- 임상시험 참여 전 3개월 이내에 임상시험용 의약품으로 치료받은 환자
- 기타: 본 임상시험에 참여한 경험이 있는 환자

Study Design (1)

- Target No. of subjects

- 무작위배정 피험자: 192명 (각 군당 96명) → 탈락율 15% 예상
- 평가 가능한 피험자: 162명 (각 군당 81명)

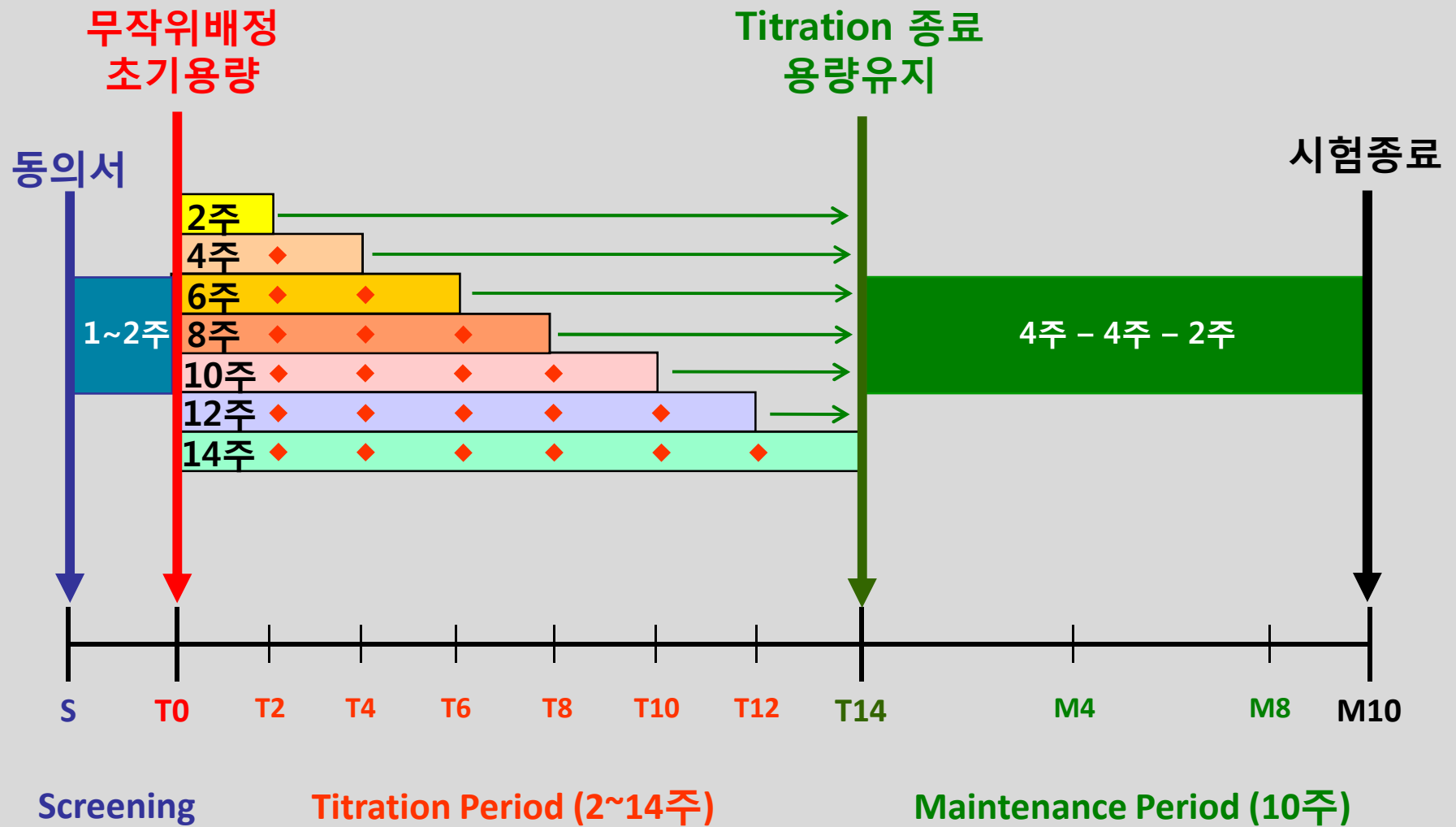
- Study Period

- Screening 1~2주
- Titration 2~14주 + Maintenance 10주 (총 최소 12~ 최대 24주)

- Treatment group (Initial dose)

- 아마릴[®]-M 2/500mg: 1/250mg 1정 1일 2회 아침 및 저녁
- 다이아벡스[®] 1000mg : 500mg 1정 1일 2회 아침 및 저녁
→ 식사와 함께 경구 투여

Study Design (2)



Study Drug

	Amaryl [®] - M	Diabex
Active Drug	Glimepiride/Metformin HCl	Metformin HCl
Formulation	Film coated tablet	
Usage	Twice a day with meal	
Dosage	2/500mg ~ 8/2000mg	1000mg ~ 2000mg
	<i><u>Dose titration</u> every 2 weeks</i>	
Manufacturer	(주)한독약품	(주)대웅제약

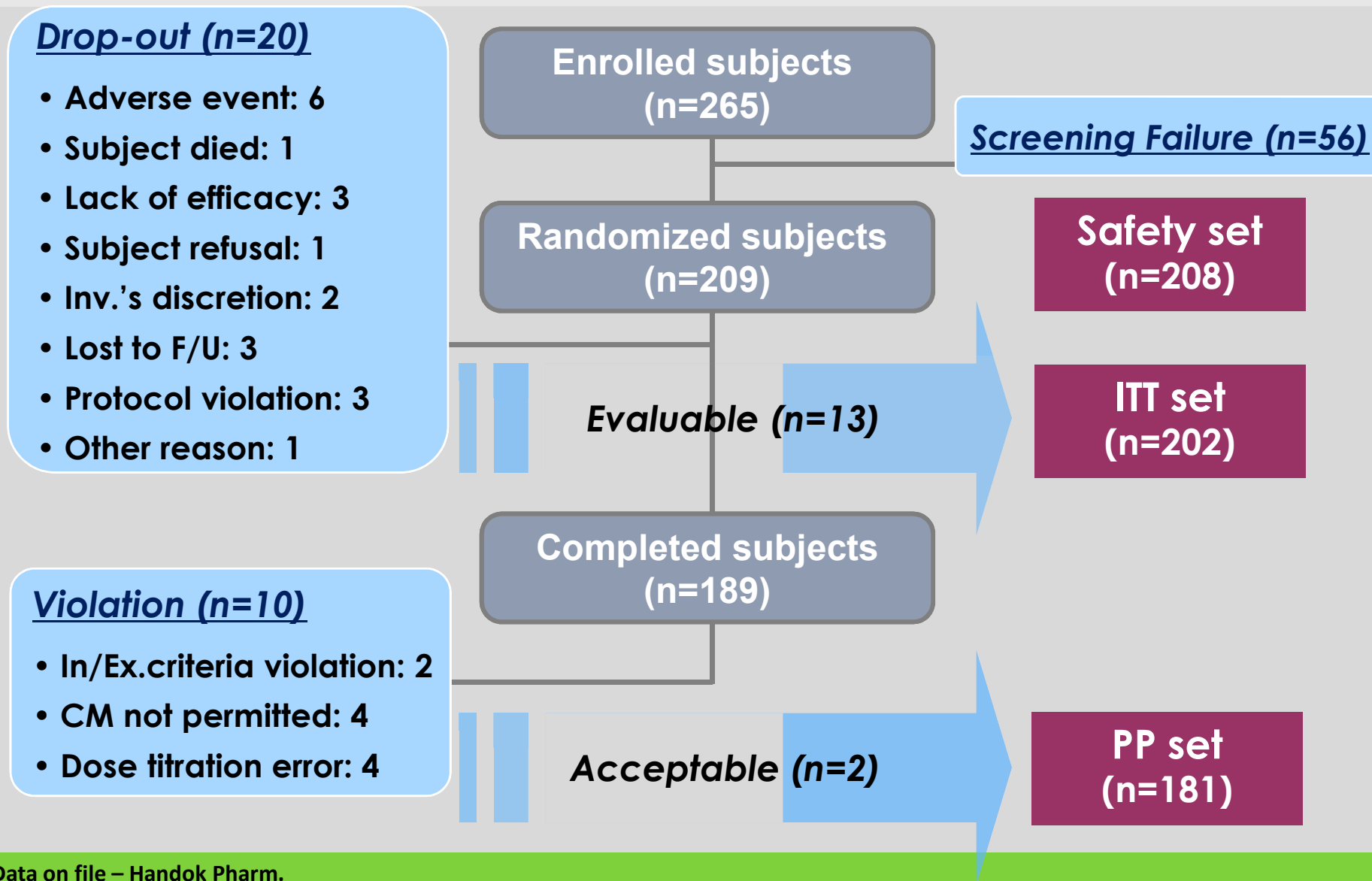
Titration Algorithm

<p>SMBG < 80 mg/dL 의 증상이 있는 저혈당이 이 2회 연속 나타나 지 않고 중증의 저혈 당이 없는 경우</p>	<p>평균 SMBG ≥ 200 mg/dL</p>	<p>아마릴[®]-M 2/500mg 증량(2단계) 다이하벡스[®] 500mg 증량(2단계)</p>
	<p>140 \leq 평균 SMBG < 200 mg/dL</p>	<p>아마릴[®]-M 1/250mg 증량(1단계) 다이하벡스[®] 250mg 증량(1단계)</p>
	<p>80 \leq 평균 SMBG < 140 mg/dL</p>	<p>이전 용량 유지</p>
	<p>평균 SMBG < 80 mg/dL</p>	<p>아마릴[®]-M 1/250mg 감량(1단계) 다이하벡스[®] 250mg 감량(1단계)</p>
<p>SMBG < 80 mg/dL의 증상이 있는 저혈당이 2회 연속 나타난 경우 또는 중증의 저혈당이 있는 경우</p>		<p>아마릴[®]-M 1/250mg 감량(1단계) 다이하벡스[®] 250mg 감량(1단계)</p>

STUDY RESULTS

- I. Study Results
- II. Discussion

Patient Disposition (ITT & PP)



Early Study Termination

Reason	Amaryl [®] - M (n=101)		Metformin (n=108)	
	N	%	N	%
Adverse event	3	3.0	3	2.8
Subject died	1	1.0	0	0
Lack of efficacy	0	0	3	2.8
Subject refusal	0	0	1	0.9
Inv.'s discretion	1	1.0	1	0.9
Lost to F/U	0	0	3	2.8
Protocol violation	0	0	3	2.8
Other reason	1	1.0	0	0
Total	6	5.9	14	13.0

Analysis set

Reason	Amaryl [®] - M (n=101)	Metformin (n=108)	Total (n=209)
Safety set	100	108	208
Full analysis set(ITT)	99	103	202
Per-Protocol set(PP)	90	91	181

Baseline Characteristics

Variables	Statistic	Amaryl®- M (n=101)	Met. (n=108)	Total (n=209)
Age (years)	Mean±SD	55.2±8.4	56.1±9.6	55.7±9.0
Gender(male/female)	%	51.5/48.5	47.2/52.8	49.3/50.7
Weight (kg)	Mean±SD	66.5±10.6	66.9±12.1	66.7±11.4
Height (cm)	Mean±SD	161.4±9.1	161.0±9.3	161.2±9.2
BMI (kg/m ²)	Mean±SD	25.5±3.5	25.7±3.2	25.6±3.3
Duration of diabetes	Mean±SD	4.4±4.3	4.7±4.7	4.6±4.5
Age at onset of diabetes	Mean±SD	51.2±8.5	51.8±8.7	51.5±8.6

No statistical differences.

Medical History- Diabetic Diseases

• Any previous diabetic disease/surgery

	Amaryl®- M (n=101)	Met. (n=108)	Total (n=209)
	5(5.0)	5(4.6)	10(4.8)
Diabetic retinopathy	1	1	2
Diabetic gastropathy	1	0	1
Gestational diabetes	1	0	1
Diabetic neuropathy	0	1	1
Diabetic nephropathy	0	1	1
Proteinuria	0	1	1
Cataract op.	0	1	1
Debridement	1	0	1
Haemorrhoid op.	1	0	1
Skin graft	1	0	1

• Any concomitant diabetic disease/surgery

	Amaryl®- M (n=101)	Met. (n=108)	Total (n=209)
	23(22.8)	34(31.5)	57(27.3)
Diabetic neuropathy	5	16	21
Dyslipidaemia	11	9	20
Diabetic retinopathy	5	5	10
Microalbuminuria	3	5	8
Diabetic nephropathy	1	2	3
Hyperlipidaemia	1	1	2
Neuropathy peripheral	1	1	2
Angina pectoris	0	1	1
Retinal artery occlusion	0	1	1
Retinopathy hypertensive	0	1	1
Hepatic steatosis	1	0	1
Diabetic foot infection	1	0	1
Pollakiuria	0	1	1
Proteinuria	1	0	1
Erectile dysfunction	1	0	1
Cataract operation	1	0	1

Medical History- Relevant Disease

• Any previous relevant disease/surgery

• Any concomitant relevant disease/surgery

	Amaryl [®] -M (n=101)	Met. (n=108)	Total (n=209)		Amaryl [®] -M (n=101)	Met. (n=108)	Total (n=209)
	48 (47.5)	52 (48.1)	100 (47.8)		80 (79.2)	87 (80.6)	167 (79.9)
Surgical & medical procedures	25	23	48	Metabolism & nutrition disorders	37	38	75
GI disorders	7	12	19	Vascular disorders	49	42	91
Infections & infestations	7	7	14	Musculoskeletal & connective tissue disorders	15	12	27
Nervous sys. disorders	6	8	14	Hepatobiliary disorders	10	17	27
				Gastrointestinal disorders	11	11	22

* Relevant disease more than 5%.

* Relevant disease more than 10%.

Previous/ Concomitant Medication

• Previous medication

	Amaryl®-M (n=101)	Met. (n=108)	Total (n=209)
	100 (99.1)	108 (100.0)	208 (99.5)
Alimentary tract & metabolism	100	108	208
Cardiovascular system	9	9	18
Nervous system	2	6	8
Musculoskeletal system	2	5	7

* Previous medication more than 3%.

• Concomitant medication

	Amaryl®-M (n=101)	Met. (n=108)	Total (n=209)
	89 (88.1)	97 (89.8)	186 (89.0)
Cardiovascular system	77	78	155
Blood & blood forming organs	54	57	111
Alimentary tract & metabolism	38	41	79
Nervous system	14	21	35
Musculoskeletal system	15	19	34
Respiratory system	12	14	26

* Concomitant medication more than 10%.

Previous Medication: Metformin

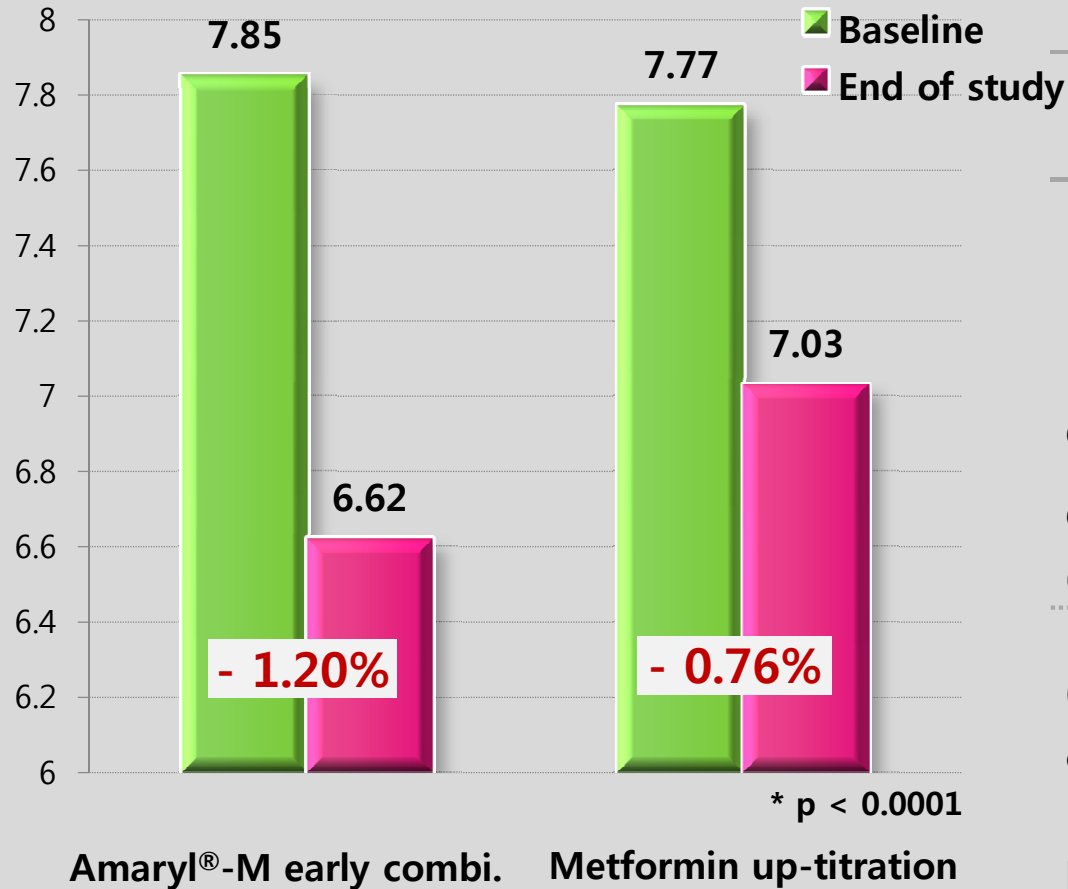
	Amaryl [®] -M (n=101)	Metformin (n=108)
Duration (day)	262.3	275.1
Dosage (mg)	826.5	841.2

Maintenance Dose

	Amaryl[®]-M (n=101)	Metformin (n=108)
Morning (mg)	1.34/335	668.4
Evening (mg)	1.17/292	644.7
Total (mg/day)	2.51/627	1313.1

Change in HbA1c

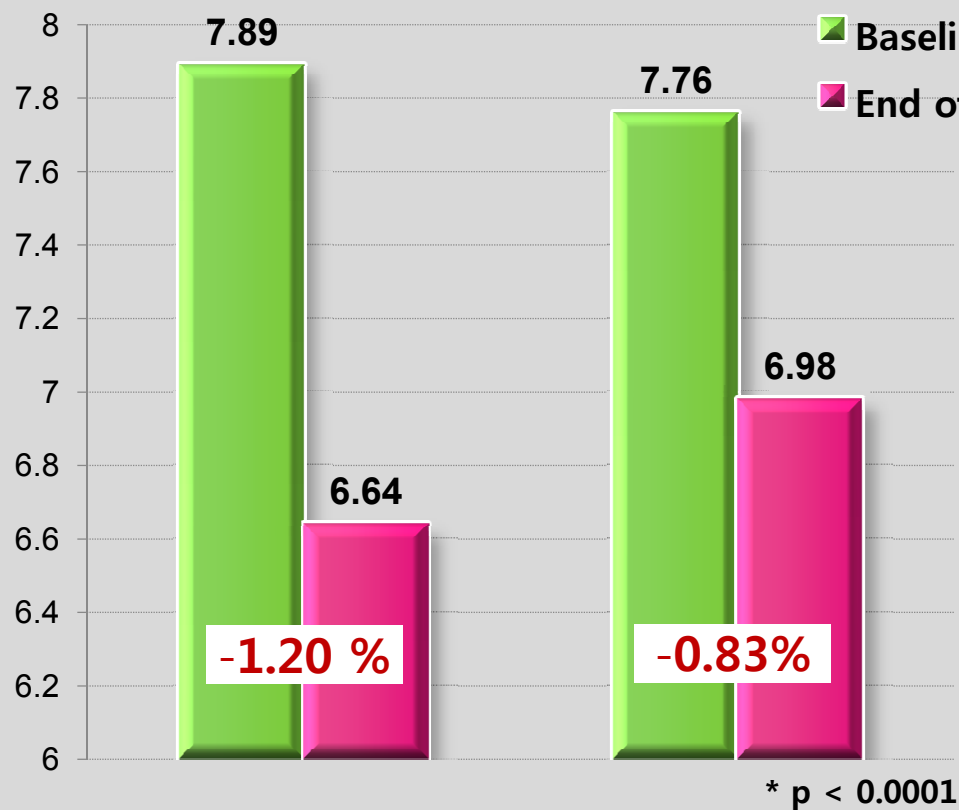
- baseline to end of study (ITT set)



	Amaryl®-M (n=99)	Met. (n=103)
Baseline (mean)	7.85	7.77
End of study (mean)	6.62	7.03
Change (mean)	-1.23	-0.74
Change (adjusted mean)	-1.20	-0.76
Difference (adjusted means)	-0.44	
95% CI	(-0.61, -0.26)	
p-value (ANCOVA)	<0.0001	

Change in HbA1c

- baseline to end of study (PP set)

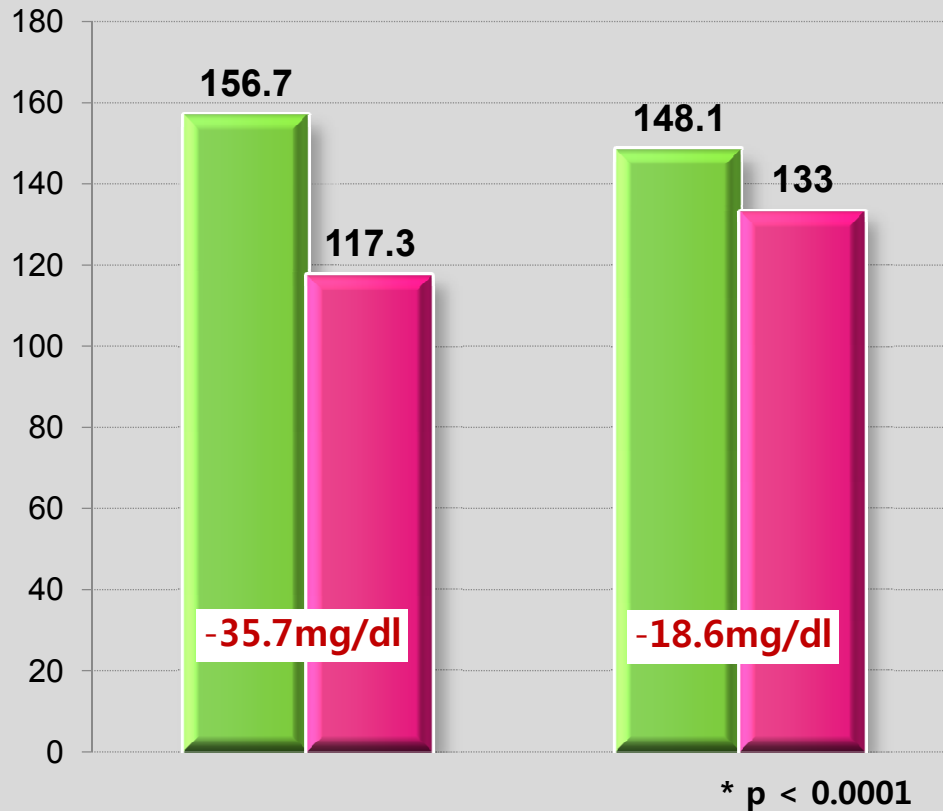


Amaryl®-M early combi. Metformin up-titration

	Amaryl®-M (n=99)	Met. (n=103)
Baseline (mean)	7.89	7.76
End of study (mean)	6.64	6.98
Change (mean)	-1.25	-0.78
Change (adjusted mean)	-1.20	-0.83
Difference (adjusted means)	-0.38	
95% CI	(-0.56, -0.20)	
p-value (ANCOVA)	<0.0001	

Change in FPG

- baseline to end of study (ITT set)



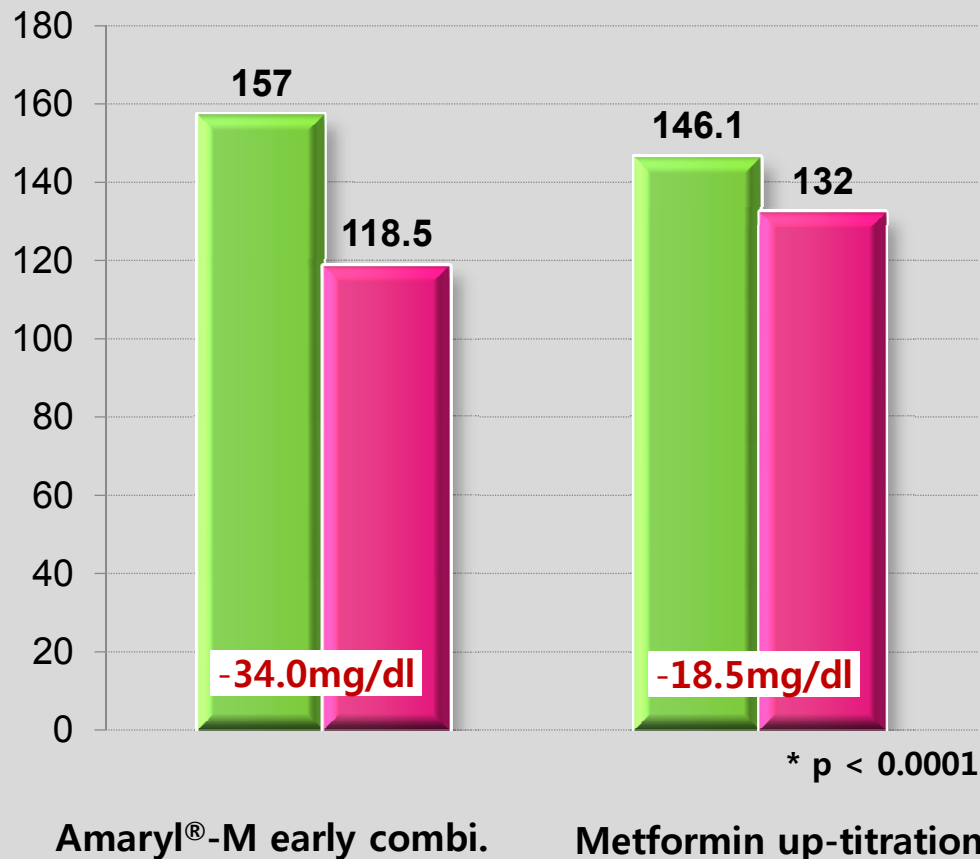
Amaryl®-M early combi.

Metformin up-titration

	Amaryl®-M (n=98)	Met. (n=103)
Baseline (mean)	156.7	148.1
End of study (mean)	117.3	133.0
Change (mean)	-39.4	-15.1
Change (adjusted mean)	-35.7	-18.6
Difference (adjusted means)	-17.1	
95% CI	(-22.8, -11.5)	
p-value (ANCOVA)	<0.0001	

Change in FPG

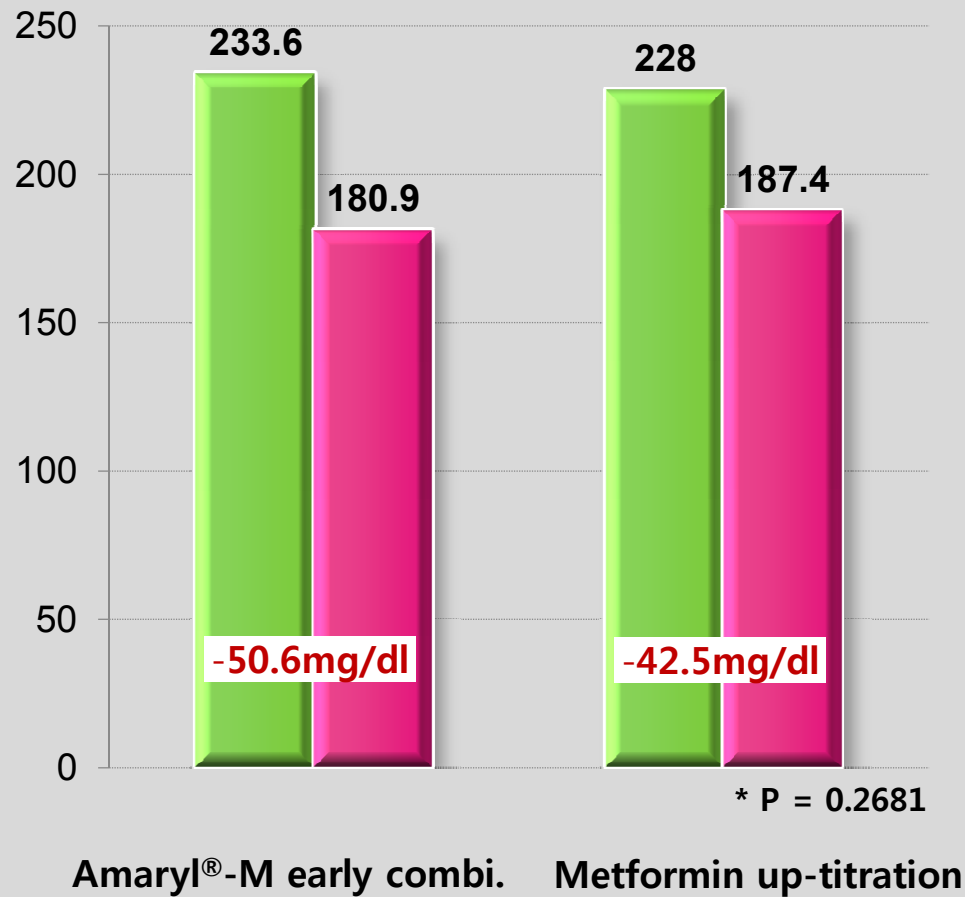
- baseline to end of study (PP set)



	Amaryl®-M (n=90)	Met. (n=91)
Baseline (mean)	157.0	146.1
End of study (mean)	118.5	132.0
Change (mean)	-38.5	-14.1
Change (adjusted mean) Difference	-34.0	-18.5
(adjusted means)	-15.5	
95% CI	(-21.3, -9.8)	
p-value (ANCOVA)	<math>< 0.0001</math>	

Change in PPG2hr

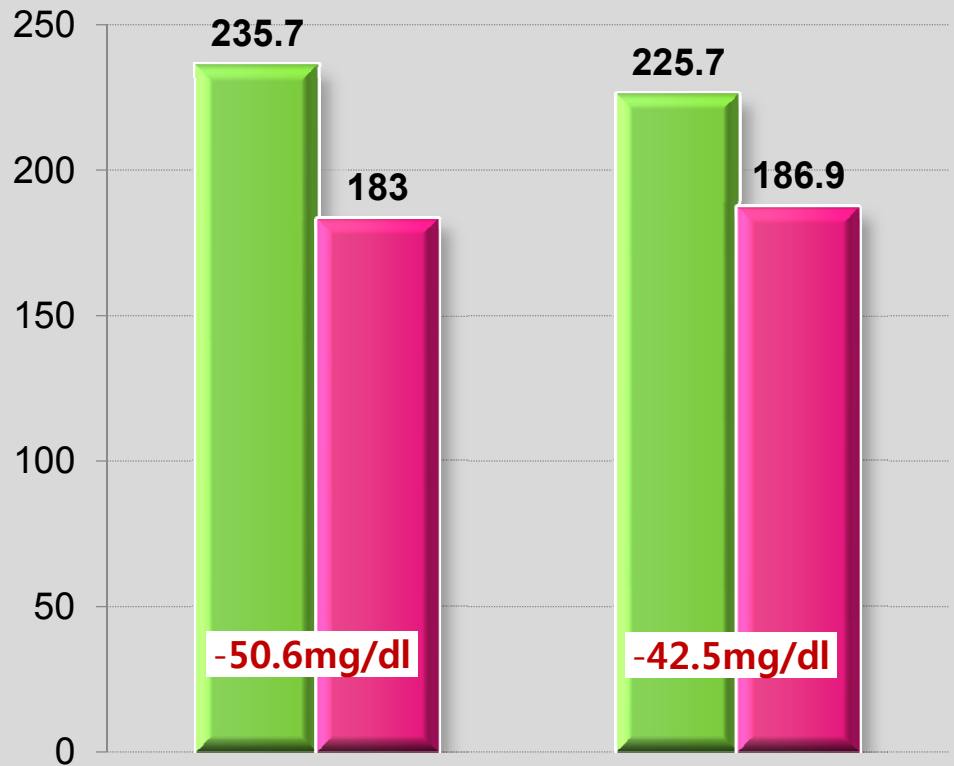
- baseline to end of study (ITT set)



	Amaryl®-M (n=97)	Met. (n=102)
Baseline (mean)	233.6	228.0
End of study (mean)	180.9	187.4
Change (mean)	-52.6	-40.6
Change (adjusted mean)	-50.6	-42.5
Difference (adjusted means)	-8.1	
95% CI	(-22.4, 6.3)	
p-value (ANCOVA)	0.2681	

Change in PPG2hr

- baseline to end of study (PP set)



* P = 0.3689

Amaryl®-M early combi. Metformin up-titration

	Amaryl®-M (n=88)	Met. (n=90)
Baseline (mean)	235.7	225.7
End of study (mean)	183.0	186.9
Change (mean)	-52.7	-38.8
Change (adjusted mean)	-49.2	-42.2
Difference (adjusted means)	-7.0	
95% CI	(-22.3, 8.3)	
p-value (ANCOVA)	0.3689	

Response rate at study end (ITT set)

		Amaryl [®] -M	Metformin	p-value
HbA1c response (HbA1c <7%)	N	99	103	<0.0001
	n(%)	74(74.7)	48(46.6)	
FPG response (FPG <140mg/dl)	N	98	103	0.0013
	n(%)	83(84.7)	67(65.1)	
Combined response I (HbA1c <7% or FPG <140mg/dl)	N	99	103	0.0064
	n(%)	88(88.9)	76(73.8)	
Combined response II (HbA1c <7% & FPG <140mg/dl)	N	98	103	<0.0001
	n(%)	69(70.4)	39(37.9)	

Response rate at study end (PP set)

		Amaryl [®] -M	Metformin	p-value
HbA1c response (HbA1c <7%)	N	90	91	0.0002
	n(%)	66(73.3)	42(46.2)	
FPG response (FPG <140mg/dl)	N	90	91	0.0168
	n(%)	75(83.3)	62(68.1)	
Combined response I (HbA1c <7% or FPG <140mg/dl)	N	90	91	0.0410
	n(%)	79(87.8)	69(75.8)	
Combined response II (HbA1c <7% & FPG <140mg/dl)	N	90	91	<0.0001
	n(%)	62(68.9)	35(38.5)	

Hypoglycemia Definition

[증상 있는 저혈당]

- 저혈당으로 인해 임상적 증상을 느끼고 경구용 탄수화물 투여 후 즉각적으로 회복이 가능한 경우
- 증상은 없으나 혈당 수치가 60mg/dL 미만인 경우, 시험자의 판단 하에 '저혈당'으로 기록(증례기록서 '저혈당'페이지)

[중증 저혈당]

- 저혈당으로 인해 타인의 도움을 필요로 하는 임상적 증상을 느끼며 다음 중 하나를 동반하는 경우
 - 혈당 수치가 < 36mg/dL 일 때 또는,
 - 탄수화물 경구 투여, 포도당 정맥 투여 또는 글루카곤 피하 투여 후 빠르게 회복되는 증상

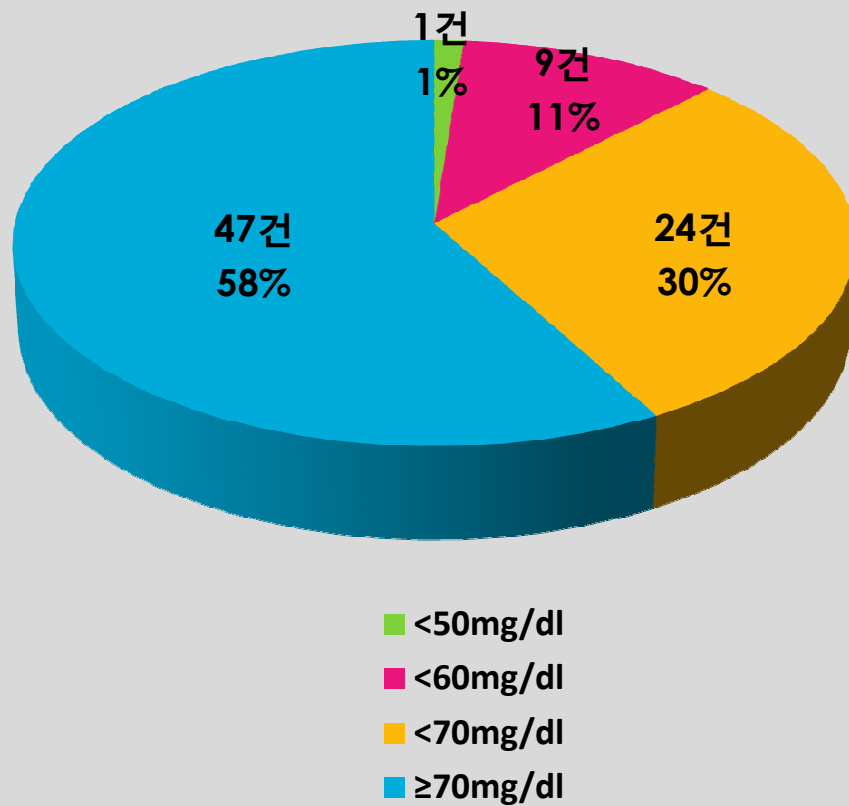
[야간 저혈당]

- 취침부터 아침 기상시간까지 수면 중에 발생한 저혈당

Hypoglycemia

	Amaryl®-M (n=100)		Metformin (n=108)		Total (n=208)		p-value (CMH)
	n(%)	event	n(%)	event	n(%)	event	
Any hypoglycemia	41(41.0)	100	6(5.6)	6	47(22.6)	106	<0.0001
titration period	19(19.0)	31	3(2.8)	3	22(10.6)	34	
maintenance period	29(29.0)	68	2(1.9)	2	31(14.9)	70	
Symptomatic hypoglycemia	39(39.0)	96	4(3.7)	4	43(20.7)	100	<0.0001
Nocturnal hypoglycemia	2(2.0)	2	0	0	2(1.0)	2	0.1484
Serious hypoglycemia	0	0	0	0	0	0	

Hypoglycemia Portion



	Amaryl®-M (n=81)	Metformin (n=4)	Total (n=85)
	n(%)	n(%)	n(%)
< 50 mg/dl	1(1.2)	0(0.0)	1(1.17)
< 60 mg/dl	9(11.1)	1(25.0)	10(11.7)
< 70 mg/dl	24(29.6)	1(25.0)	25(29.4)
≥ 70 mg/dl	47(58.0)	2 (50.0)	49(57.6)

Adverse Event - Total

- During pre-treatment period (N=208, safety set)

	n (%)	event
Any pre-treatment AE	13 (6.3)	17
Pre-treatment SAE	0	0

- During treatment period (safety set)

		Amaryl [®] -M (n=100)	Metformin (n=108)	p-value
Treatment-emergent AEs	n(%)	34 (34.0)	34 (31.5)	0.7678
Possibly related AEs	n(%)	5 (5.0)	8 (7.4)	0.5725
Serious AEs	n(%)	1 (1.0)	3 (2.8)	0.6225
Study discontinuation due to AEs	n(%)	0	3 (2.8)	0.2475

Adverse Event - TEAE

SOC	Amaryl®-M (n=100)	Metformin (n=108)	Total (n=208)
Patient with AEs	34(34.0%)	34(31.5%)	68(32.7%)
Total adverse events	45	46	91
Gastrointestinal disorders	10(10.0%)	11(10.2%)	21(10.1%)
Infections and infestations	9(9.0%)	11(10.2%)	20(9.6%)
General disorders & administration site conditions	5(5.0%)	5(4.6%)	10(4.8%)
Nervous system disorders	5(5.0%)	2(1.9%)	7(3.4%)
Musculoskeletal & connective tissue disorders	2(2.0%)	4(3.7%)	6(2.9%)
Respiratory, thoracic & mediastinal disorders	3(3.0%)	3(2.8%)	6(2.9%)
Eye disorders	3(3.0%)	1(0.9%)	4(1.9%)
Skin & subcutaneous tissue disorders	2(2.0%)	1(0.9%)	3(1.4%)
Metabolism & nutrition disorders	1(1.0%)	1(0.9%)	2(1.0%)
Vascular disorders	0	2(1.9%)	2(1.0%)
Renal & urinary disorders	0	2(1.9%)	2(1.0%)
Investigations	0	1(0.9%)	1(0.5%)
Psychiatric disorders	1(1.0%)	0	1(0.5%)
Surgical & medical procedures	1(1.0%)	0	1(0.5%)
Injury, poisoning & procedural complications	1(1.0%)	0	1(0.5%)

Adverse Event- Possibly related AE

PT	Amaryl [®] -M (n=100)	Metformin (n=108)	Total (n=208)
Patient with possibly related AEs	5(5.0%)	8(7.4%)	13(6.3%)
Total possibly related AEs	5	9	14
Abdominal pain upper	2(2.0%)	1(0.9%)	3(1.4%)
Diarrhoea	0	3(2.8%)	3(1.4%)
Nausea	1(1.0%)	2(1.9%)	3(1.4%)
Constipation	0	1(0.9%)	1(0.5%)
Gastric ulcer	1(1.0%)	0	1(0.5%)
Gastrooesophageal reflux disease	1(1.0%)	0	1(0.5%)
Asthenia	0	1(0.9%)	1(0.5%)
Anorexia	0	1(0.9%)	1(0.5%)

Serious Adverse Events

• Amaryl[®]-M early Combination

SAE	Preferred term	Intensity	Relation	Outcome
Death	Road traffic accident	Severe	No	Died

• Metformin Up-titration

SAE	Preferred term	Intensity	Relation	Outcome
Required or prolonged inpatient hospitalization	Chest pain	Mild	No	Unknown
Required or prolonged inpatient hospitalization	Interstitial lung disease	Mild	No	Event not resolved
Required or prolonged inpatient hospitalization	Pyrexia	Moderate	No	Recovered

Summary of Lab. Result

- Shift from baseline to study end

	Amaryl [®] -M early comb.		Metformin uptitration	
	기초방문에서 정상인 피험자 N	BL에서 정상이면서 종료방 문에서 비정상인 피험자 n(%)	기초방문에서 정상인 피험자 N	BL에서 정상이면서 종료방 문에서 비정상인 피험자 n(%)
WBC	90	6(6.7)	96	5(5.2)
RBC	74	0(0.0)	80	11(13.8)
Hematocrit	73	2(2.7)	86	8(9.3)
Hemoglobin	87	3(3.4)	89	6(6.7)
Platelet count	92	4(4.3)	98	2(2.0)
Na	98	3(3.1)	103	1(1.0)
K	97	6(6.2)	95	9(9.5)
BUN	89	6(6.7)	98	8(8.2)
Creatinine	87	1(1.1)	91	3(3.3)
AST	88	4(4.5)	92	2(2.2)
ALT	76	8(10.5)	86	4(4.7)
Total cholesterol	85	7(8.2)	83	7(8.4)
LDL	90	7(7.8)	84	7(8.3)
HDL	67	11(16.4)	63	11(17.5)
Triglyceride	70	9(12.9)	75	8(10.7)

Other safety data

Variables	Treatment	Mean		
		Baseline	End of study	Change
Weight [kg]	Amaryl [®] -M early comb. (N=97)	66.8	67.7	0.91
	Metformin uptitration (N=104)	66.9	66.2	-0.72
Systolic blood pressure [mmHg]	Amaryl [®] -M early comb. (N=99)	124.7	123.4	-1.32
	Metformin uptitration (N=105)	124.5	122.5	-1.93
Diastolic blood pressure [mmHg]	Amaryl [®] -M early comb. (N=99)	75.3	74.9	-0.36
	Metformin uptitration (N=105)	75.6	74.3	-1.30
Pulse rate [beats/min]	Amaryl [®] -M early comb. (N=99)	77.8	79.5	1.68
	Metformin uptitration (N=105)	77.0	77.0	-0.01

Conclusion

- 1차 유효성 평가는 HbA1c의 변화로 Amaryl[®]-M early comb.군에서의 감소량이 Metformin uptitration군에서의 감소량보다 유의하게 큰 것으로 나타났다.
- 공복혈당의 경우도, Amaryl[®]-M early comb.군에서의 감소량이 Metformin uptitration군에서의 감소량보다 유의하게 높은 것으로 나타났다.
- HbA1c와 공복혈당으로부터 계산되는 모든 반응율의 경우 Amaryl[®]-M early comb.군에서의 반응율이 Metformin uptitration군에서의 반응률보다 유의하게 높은 것으로 나타났다.
- 전반적인 저혈당의 경우, Amaryl[®]-M early comb.군에서 발현율이 Metformin uptitration군에서의 발현율에 비하여 상대적으로 매우 높았으나, 혈당수치가 60mg/dl 이하인 경우는 10건, metformin군에서는 1건이 발생하였다.
- Amaryl[®]-M early comb.군에서 baseline 대비 0.91kg이 증가되었다.
- 이상반응의 경우, Amaryl[®]-M early comb.군과 Metformin uptitration군간의 통계적 유의성은 없었다.

Metformin 500-1000mg 을 사용하지만 혈당 조절이 되지 않는 환자들의 경우,
metformin up-titration보다 glimepiride 저용량을 추가하는 것이
목표혈당 도달에 더 효과적이다.